

Two Day Training Course for Hypnosis, San Antonio, Texas
Presented by The American Academy of Medical Hypnoanalysts (AAMH)

January 20-21, 2006 -- 16 hours of credit offered by Hardy-Holley Team, an approved provider of Continuing Education for Licensed Professional Counselors in Texas. Other professionals should call for details.

Brief Description of the Two Day Course:

This is a workshop in which each participant practices the various techniques under the supervision of the trainers. Short "Power Point"

Presentations will be interspersed to explain the various topics. Ample time will be allotted to discuss. A special emphasis will be placed on making the techniques usable in a clinical practice. Each participant will have several guided practice sessions.

Topics include:

History of Hypnosis, Nature of Hypnosis, Misconceptions of Hypnosis, Hypnosis Induction Techniques, Stages and Depth of Hypnosis, Techniques for Deepening Hypnosis, Techniques for Closing the

Hypnosis Session. Also included will be specific uses of hypnosis in the clinical practice, including the use of hypnosis by the Family Practice Doctor. Case histories for specific diagnosis and treatment will be presented and discussed.

Some of the topics covered will be: smoking cessation and weight loss, sports performance enhancement. However, the emphasis will be on the treatment of trauma, depression, anxiety, and phobias. Age regressions will be discussed and demonstrated.

This course will not teach a person to be a hypnoanalyst, as that training takes much more time. However, it is a prerequisite for the advanced training. Most participants will be ready to begin the next day using hypnosis with patients.