

ADMISSIONS CRITERIA

- Diagnosis of Substance Dependence that causes a medically significant withdrawal syndrome.
- Patient is experiencing complications of enough severity to require 24-hour medically supervised care.
- Patient's history is indicative of risk for serious withdrawal requiring medical observation to prevent physiological deterioration or psychiatric decompensation.

ADDITIONAL INFORMATION

For more information regarding Chemical Dependency Treatment service or other programs and services available at Laurel Ridge Treatment Center, please call us at 210.491.9400.

EMERGENCY CRISIS INTERVENTION

210.491.9400 OR 1.800.624.7975

FOR FREE CONFIDENTIAL ASSESSMENTS,

CALL OUR ADMISSIONS OFFICE

24 HOURS A DAY, 7 DAYS A WEEK.

CHILDREN•ADOLESCENTS•ADULTS

RESIDENTIAL•ACUTE•PARTIAL HOSPITALIZATION

Laurel Ridge is accredited by the joint Commission on Accreditation of Healthcare Organizations (JCAHO) and licensed by the Texas Department of Health (TDH) and Texas Department of Family and Protective Services (TDFPS). (MEDICAID, MEDICARE, TRICARE AND MOST INSURANCE PLANS ACCEPTED)

MISSION

The Laurel Ridge Chemical Dependency Programs are designed to provide individuals with effective individualized treatment for chemical dependency during a 21/28 day stay. Admission to the program involves assessment for the appropriate level of care based upon several factors, including motivation and capacity for responsibility.

The clinical mission of the Chemical Dependency Programs at Laurel Ridge Treatment Center is "To provide dynamic, multi-phase chemical dependency treatment for adults, adolescents and their families and concerned others in a manner that successfully empowers them to reintegrate into their families, jobs, schools, relationships and communities."

Laurel Ridge Treatment Center
210.491.9400 • 800.624.7975
www.laurelridgetc.com

LAUREL RIDGE
TREATMENT CENTER
17720 Corporate Woods Drive
San Antonio, Texas 78259-3509



LAUREL RIDGE
TREATMENT CENTER

ADOLESCENT
CHEMICAL DEPENDENCY
Program

21/28 DAY PROGRAM FOR:
TRICARE
TRICARE OVERSEAS
TRICARE SOUTHERN REGION
TRICARE WEST

800.624.7975/210.491.9400
Saving Lives. Healing Families. Creating Hope.
www.laurelridgetc.com

THE PROGRAM

Laurel Ridge Treatment Center's Chemical Dependency Rehabilitation Program is for adolescents 13-17, and is designed to promote recovery for both the chemically dependent individual and the family.

Just as people are different, their treatment requirements are different. For that reason, Laurel Ridge Treatment Center offers several treatment options, depending upon the patient's physical and psychological needs. Patients are equipped with tools necessary to develop a new self-image, initiate and enjoy positive life changes, and maintain sobriety.

Families are an integral part of the treatment process and are encouraged to participate in the program so that both patients and families learn appropriate, healthy ways of coping with life and changing behavior patterns.

PERSONALIZED CARE

A specially trained treatment team provides an environment conducive to recovery for both the individual and the family. Counseling is an important part of care. Our

clients receive individual and group therapy for any additional diagnosis that may accompany chemical dependency.



THREE PHASED APPROACH

PHASE 1– Medical Detoxification

This is a process whereby individuals are systemically withdrawn from addicting substances in an inpatient setting under the care of a physician. Medications may be utilized for detoxification to prevent physical complications. Intense 24-hour nursing care is a key element of medical detoxification. Full therapeutic process is initiated as soon as the physician determines that the individual is physically capable to participate.

PHASE 2– Primary Rehabilitation

The disease of addiction is complex and each individual's treatment needs are unique. Effective treatment relies on providing comprehensive options. This ensures a successful program tailored to meet each individual's needs and circumstances.

During the second phase of treatment the following are addressed with each patient to assist in eliminating dependency on mind-altering substances:

- Introduce/integrate the 12-Steps to create a foundation for recovery.
- Assess and meet psychological needs.
- Establish a referral network
- Help overcome the fear and isolation associated with addiction.
- Assist in becoming a productive member of society and the workforce.

PHASE 3- Relapse Prevention

This phase is structured to support long term sobriety. Lectures, videos, and self study assignments are used to explore and manage relapse warning signs. Through sharing experiences and exercises, participants learn the skills needed to maintain their sobriety and develop a therapeutic relapse prevention plan prior to discharge.

DURING TREATMENT

- Laurel Ridge will provide supervised transportation to off-campus community support groups.
- You and your family may participate in regular family groups.
- You may receive visitors during scheduled visitation times.
- You may participate in experiential therapeutic and recreational activities.

AFTERCARE

Twelve months of Aftercare Services are provided at no charge for individuals who complete the program. Their families and support system may also attend.

WHAT TO EXPECT

Once the initial assessment has been completed, our physicians and staff begin the groundwork for a treatment and discharge plan for successful maintenance of sobriety. This treatment includes:

- Thorough Psychiatric Assessment
- Medications, as ordered by the physician
- Nursing monitoring
- Chemical dependency groups
- Psychotherapy Groups
- Family Education and therapy
- Therapeutic Recreation Groups
- 12 Step Education

