

LAUREL RIDGE TREATMENT CENTER

To Our Parents...

We understand you have a choice when sending your child or adolescent for care in a residential treatment program.

We hope this will give you a glimpse into our programs and philosophy at Laurel Ridge Treatment Center. If you have any questions about these or any of our programs, please call us at 800.624.7975 or 210.491.9400. If you would like to visit when you are in the area, please feel free to come by and see us. If you would prefer to make a pre-arranged visit, we would be delighted to schedule a time that is convenient for you. We welcome the opportunity to introduce you to our staff and let you see our campus and programs in person.

As always, saving lives, healing families and creating hope,

-The Staff at Laurel Ridge Treatment Center

RESIDENTIAL TREATMENT PROGRAMS

Children's Residential Treatment Program

Children with unmanageable, out-of-control behaviors receive specialized treatment in a supportive atmosphere. The goal at Laurel Ridge Treatment Center is to help children who have developed inappropriate, maladaptive behavior begin to develop improved boundaries, appropriate expression of feelings, increased self-esteem, improved anger management and acceptable social skills.

The Child Residential Program is for children ages 4 – 12 who are unable to maintain stability at home or in school and require an inpatient environment that provides consistency, structure, and repetition. Staff are trained to monitor and document a child's response to treatment and medication interventions.

Many children have issues such as:

- Major Depression • Episodic Dyscontrol/Intermittent Explosive Disorders •
• Fetal Alcohol Syndrome • Sexual Aggression • Psychotic Episodes •
- Attention Deficit / Hyperactivity Disorder • Post Traumatic Stress Disorder •

Adolescent Residential Treatment Program

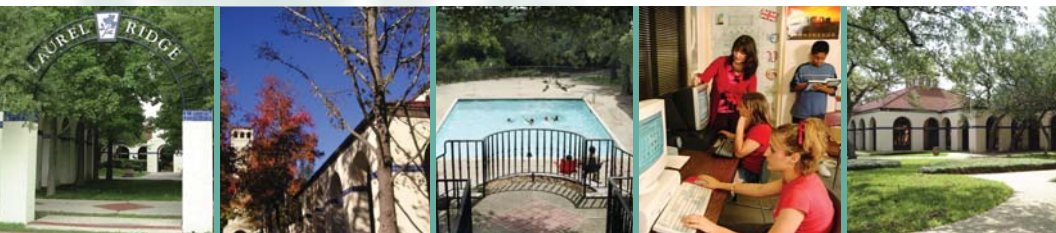
The Residential Treatment Program is specifically designed for adolescents between the ages of 13 and 17, who require an inpatient setting. This program focuses on a family –centered model, combining individualized therapy with a strong emphasis on the therapeutic community. Treatment is provided by an interdisciplinary team of mental health professionals under the direction of the attending psychiatrist.

Treatment is designed for individuals who have any of the following:

- Psychiatric disorders
- Eating disorders
- Behavioral disorders
- Emotional difficulties
- History of abuse
- Substance abuse

THERAPEUTIC CAMPUS STYLE ENVIRONMENT

Laurel Ridge is designed as a community with a campus-style layout. The educational / vocational building has numerous classrooms, a library, and a computer lab. Cloistered within winding oak paths throughout the campus are living areas, recreational areas, gymnasium, swimming facilities and dining facilities.



RESIDENTIAL TREATMENT PROGRAMS CONT...

Children's Residential Treatment Program: Sexually Reactive Tract

Admissions Criteria:

- Has a history of sexual abuse / molestation
- Demonstrates inappropriate preoccupations with sexual matters
- Has a history of sexual acting out behavior with other children
- Relates to others in a sexually inappropriate manner
- Displays impulsive sexually acting out behaviors
- May have been adjudicated for sexual behaviors

Laurel Ridge's program accepts both males and females ages 4-12 who exhibit sexually inappropriate behaviors, along with associated psychological, emotional, social, or learning disabilities. Children may also experience Post Traumatic Stress Disorder, including the accompanying symptoms of depression, aggression, or impulsiveness.

General treatment goals include reducing anger and aggression, learning to identify and understand one's feelings, develop appropriate social skills and build self esteem. Individuals are encouraged to develop positive relationships without sexual overtones. Particular emphasis is placed on recognizing and respecting personal boundaries.

Adolescent's Residential Treatment Program: Sex Offender Male Female

Individuals best suited for admission to the program are adolescents between the ages of 12 and 18 who meet the following criteria:

- Have a history of aggressive problems with sexuality
- Have committed a sexual offense
- Are in good physical health
- Have no active psychosis
- Have an IQ sufficient to succeed in the program

PROGRAMMING COMPONENTS

In addition to the individual therapeutic issues, our programs also offers:

- Daily academic attendance on-campus at the Laurel Ridge Charter School
- Experiential and Recreational therapy
- Play and Music therapy
- Dietary consultations
- 24 Hour nursing care
- Family therapy
- Aftercare & Discharge planning

FAMILY INVOLVEMENT

The goal of treatment is to return adolescents to their family, home, and community. Family involvement is an integral component of the program at Laurel Ridge. Family therapy, parenting skills, and hands-on training via shadowing techniques are facilitated by staff.

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www.laurelridgetc.com