



The Columbus Behavioral Center Monthly Chronicle

What's happening this month at Columbus Behavioral Center for Children & Adolescents.

Volume 1, Issue 1

January 2006

Columbus Behavioral Center
2223 Poshard Dr.
Columbus, IN 47203
1-800-562-5213

For more information about our services, including directions, please check us out on the web at: www.ecolumbushospital.com

CONTACT INFO:

For any questions, regarding admissions or services, please contact Michelle Orr, RN; Admissions Director
1-800-562-5213
(Fax: 812-314-3718)

Special Points of Interest:

- * Columbus provides residential treatment services for children and adolescents, ages 12—18 years.
- * We provide a safe & secure environment to focus on individualized treatment goals.
- * We are accredited by JCAHO.
- * We accept most RTC payor sources.
- * Medicaid Approved.

New Carpet Installed The Last Week of Dec!

Out with the old and in with the new! The Columbus facility received a much needed face lift the last week of December.

Carpet was installed in all patient-care areas, including all hallways, dayrooms, group rooms, classrooms and even in the new computer lab.

The carpet had recently been showing signs of aging. The carpet is over ten years old and has seen it's share of wear. The maintenance department had done a nice job of keeping it's appearance appropriate, but it was time to replace it.

We have gone with the cool, calming color of

Shaw's "Hit The Books." It is a blue-based, multi-colored canvas that looks really 'sharp!!' The carpet comes on the heels of the recently completed FRP wall covering project.

The FRP was recently installed in all the patient care areas, as well. This improvement has helped not only with a decrease in property damage, but an equally dramatic improvement in general aesthetics.

Following that trend has been a general increase in both client and staff morale. These environmental improvements have generated an overall



Columbus Behavioral Center recently installed new carpeting throughout the facility.

"positive feeling" throughout the facility.

Many more environmental improvements are planned for 2006, so keep watching this monthly newsletter for further information.

The Columbus Assessment Center

In addition to child and adolescent residential services, we also provide free assessment and referral services.

At our Assessment Center, a face-to-face assessment may be scheduled with a qualified mental health professional to review an individual's concerns and discuss the

Best treatment options.

Free confidential assessments are offered from 9 AM to 5 PM, Monday through Friday. Parents / guardians and referring professionals seeking treatment or information for children, adolescents, or adults can call our facility 24 hours a day, seven days a week at

(800) 562-5213.

Assessment and referral is a **free** community service provided by our facility and is offered to anyone regardless of insurance coverage or whether treatment ultimately is received here at Columbus Behavioral Center for Children and Adolescents or elsewhere.

Rainbow Room Opens to Delight of Clients

One of the challenges for a children's facility is to make it a comfortable place away from home. In an on-going effort to complete this goal, we have put a unique spin on the Rainbow Unit's dayroom.

Jenn Day, one of our very own staff members (and budding art school standout!) recently got together with



The Rainbow Room is a cool new feature of the Rainbow Unit.

Rainbow Room has made groups and leisure time more enjoyable for the

some of her fellow art students, from the local college, to dramatically alter the appearance of this unit.

The room has become the cornerstone of the unit and really catches your eye as you enter the living area. The

younger children (and I think the staff like it too).

Because it is unique, the children have something they can take ownership in and has become a source of pride for them. The room features a waterfall, trees, flowers, grass and of course a very large rainbow, which is used to track the resident's progress in the treatment program. Depending upon which level they've earned, their name appears on the hue of the rainbow. It helps to give a tangible view of their treatment progress in a way that they can comprehend.

Professional Profile: Stephanie Thomas, MSW

Hi, my name is Stephanie Thomas. I received my Masters in Social Work from IUPUI. I currently hold the position of Social Services Coordinator, here at Columbus Behavioral Center.

I continue to enjoy working at CBC. The past 18 months have been especially rewarding for me and probably the best time in my entire 5 years at this facility. I get a lot of fulfillment from working and interacting with children and adolescents. Each day I am highly engaged in supporting residents and their families in completing treatment goals - including, in most cases, a successful transition to their home and community.



**Stephanie Thomas,
Social
Services Coordinator**

Throughout 2005 I witnessed significant developments in our residential services and believe that we truly make a positive impact in our resident's lives. Our milieu is calm and therapeutic, our employees have shown a willingness to promote positive patient outcomes and we are rewarded by experiencing this on a daily basis.

I encourage referral sources and friends of CBC to visit us at any time. We are excited about the transformation of our facility programs and remain dedicated to helping youth and their families throughout Indiana.

Fireside Room Remodeled after Quarter Century

One of the most used rooms in the facility is the Fireside room. Often referred to as the A.T. room, it houses more than just activity therapy, recreation and PE. It is the site of parties, community activities and staff trainings. It also doubles as a gymnasium.

Because of this, wear and tear was taking its toll. The room was fitted with FRP wall covering and now takes on a new look; one of both function (no

more damage) and form (professional appearance). The fireplace is still utilized on occasion and was a nice touch during the Christmas Party!



The Fireside Room looks new after 25 years

Next Issue

- Computer Lab Upgraded
- Citizen of The Week Program
- Review of Residential Programs
- Introduction of New Logo

We welcome all referral sources to visit our facility at any time. Please call for more information. Thank you and have a nice day.