

## PROGRAMS OFFERED INCLUDE:

- Chemical Dependency
- Detoxification
- Psychiatric Care
- Dual Diagnosis
- Manic-Depressive Support Groups
- Aftercare Support Groups
- Community Men's AA Meetings
- NA Support Groups
- Aftercare Follow-Up

## ADDITIONAL INFORMATION

For more information regarding Chemical Dependency Treatment or Psychiatric Treatment services available at Atlantic Shores Hospital, or to make a referral please call us toll free at 888.771.2711. The Admissions office open 24 hours a day, 7 days a week.

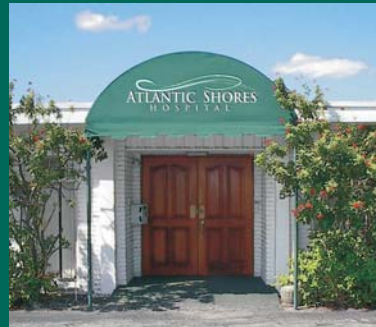


## A PLACE FOR RECOVERY

Atlantic Shores is a private free-standing substance abuse and psychiatric facility in Ft. Lauderdale, Florida, on two acres of tropical landscaping.

Less than a mile away from the majestic Atlantic Ocean and inspiring beaches, Atlantic Shores boasts semi-private rooms, comfortable group therapy rooms, TV lounges, outdoor facilities, a spacious dining room and an indoor exercise center.

Atlantic Shores is fully accredited by the Joint Commission and is licensed by the State of Florida.



ATLANTIC SHORES HOSPITAL  
4545 North Federal Highway  
Fort Lauderdale, Florida 33308  
Tel: 954.771.2711 / Fax: 954.493.9998  
Toll Free: 888.771.2711  
[www.atlanticshoreshospital.com](http://www.atlanticshoreshospital.com)

Most major credit cards & insurance plans accepted.

Accredited by the Joint Commission



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# Programs & Services

## ATLANTIC SHORES HOSPITAL



# The Future is Now

## THE PROGRAM

Atlantic Shores Hospital provides acute inpatient treatment for a wide variety of psychiatric disorders and chemical dependencies in a safe, secure and nurturing environment for adults 18 and up. This curriculum-based program is designed to address elements and behaviors common to those challenged by substance abuse and/or mental health issues.

The goal of this program is to improve necessary daily living skills as well as coping mechanisms, in order to allow individuals to reach and maintain a maximum quality of life.

Just as people are different, their treatment requirements are different. For that reason, Atlantic Shores offers several treatment options, depending upon the patient's physical and psychological needs. Each individualized treatment plan focuses on attainable short and long-term goals established with input from the patient's family and referring professional, if appropriate.



Patients are equipped with tools necessary to develop a new self-image, and to initiate and enjoy positive life changes, as they step into their future.

Families are an integral part of the treatment process and are encouraged to participate in the program so that both patients and families learn appropriate, healthy ways of coping with life and changing behavior patterns.

## THE FUTURE IS NOW

### ARE YOU OR A LOVED ONE EXPERIENCING:

- Drug and / or Alcohol Abuse
- Depression
- Behavioral Issues
- Severe Mood Swings
- Suicidal Behavior
- Violent Outbursts
- Family Problems
- Thought Disorders
- Anxiety
- Medication Stabilization Issues

### SERVICES PROVIDED INCLUDE:

- 12-Step Licensed Chemical Dependency Program
- Safe, Comfortable Medically Supervised Detoxification
- Crisis Stabilization
- Individual, Group, & Family Therapy
- Baker Act Receiving Facility
- Marchman Act Receiving Facility
- Appropriate Professional Referrals

## DURING TREATMENT

- Atlantic Shores will provide supervised transportation to off-campus community support groups.
- You and your family may participate in regular family groups.
- You may receive visitors during scheduled visitation times.
- You may participate in experiential therapeutic and recreational activities.

## WHAT TO EXPECT

Once the initial assessment has been completed, our physicians and staff begin the groundwork for successful maintenance of sobriety and mental health.

### THIS TREATMENT INCLUDES:

- Thorough Psychiatric Assessment
- Medications, as ordered by the Physician
- Nursing Monitoring
- Chemical Dependency Groups
- Psychotherapy Groups
- Family Education and Therapy
- Therapeutic Recreation Groups
- 12-Step Education

## AFTERCARE

Twelve months of Aftercare Services are provided to chemically dependent patients at no charge for individuals who complete the program.

